REGISTRATION

Registration begins at 7:30 AM, Saturday, October 6, 2012, at
The New York Academy Of Medicine (NYAM)
1216 Fifth Avenue At 103rd Street
New York, NY

REGISTRATION FEES

Professionals: $195

Students (Graduate Students, Analytic Candidates, Residents, And Fellows): $110
(For instructions on confirming student status, see www.ppdassociation.org.)

Early Registration (until July 31, 2012): $160

On-Site Registration: $225

To register online, go to www.ppdassociation.org

CANCELLATION POLICY

A $50 fee will be applied to all refund requests.

LUNCH

Lunch is available on-site for $15, payable at registration.

For more information about off-site lunch options see www.ppdassociation.org

HOTELS

For information about hotels see www.ppdassociation.org

CMES AND CEUS

CMES and CEUS are not available for this event.

Additional information can be found at the sponsors’ websites:
Psychophysiologic Disorders Association (PPDA): www.ppdassociation.org
New York University Postdoctoral Program in Psychoanalysis and Psychotherapy: www.postdocpsychoanalytic.as.nyu.edu
For Information about The New York Academy Of Medicine see: www.nyam.org

Conference Planning Committee: Frances Sommer Anderson, PhD, SEP, Chair; Eric Sherman, PsyD, Co-Chair; David D. Clarke, MD; Alan Gordon, LCSW; Dana Gefen-Groisman, PhD; Neal May, PsyD; Forest S., MA; MS; Derek Sipos, MFT; Jeffrey Wintial, PhD
Technical assistance: Sergio Quiros

Cover art: A Night of Rain (detail), Heidi Berrin Shonkoff
www.heidiberrinshonkoff.com
PROGRAM

8:30 – 8:45
OPENING REMARKS AND INTRODUCTIONS
Lewis Aron, PhD, Director of the NYU Postdoctoral Program in Psychotherapy and Psychosomatic Medicine; and President of the International Association for Relational Psychotherapy and Psychoanalysis (IARP); and former President of the Division of Psychoanalysis (39) of the American Psychoanalytic Association. Recognized internationally as a speaker and lecturer on psychotherapy and psychosomatic disorders, he has supervened study groups to professionals.

8:45 – 9:30
Solving Medical Mysteries: Hidden Stresses and Unexplained Symptoms
David D. Clarke, MD – PPDA

9:30 – 9:40
Psychophysiological Disorders: A Patient’s Perspective
Forest S., MA, MS – PPDA

9:40 – 10:25
Emotions Matter: New Research on Psychophysiological Disorders
Howard Schubiner, MD – PPDA

10:25 – 10:40
BREAK

10:40 – 12:10
Clinical Case: Mother’s Goody Girl, and Thereafter: Early Attachment Bonds and the Development of Somatic Symptoms
Frances Sommer Anderson, PhD, SEP – NYU Postdoc and PPDA

12:30 – 14:00
LUNCH

14:00 – 2:55
KEYNOTE SPEAKER
Raja Selvam, PhD

2:55 – 3:30
BREAK

3:30 – 3:25
Peer Support for People with Psychophysiological Disorders: A View from the Trenches
Forest S., MA, MS – PPDA

3:25 – 5:15
Into, and Out of, the Rabbit Hole: Cascading Errors in the Diagnosis and Treatment of PPD
Mary-Joan Gerson, PhD, ABPP – NYU Postdoc

5:15 – 5:30
CLOSING REMARKS
Spyros Orfanos, PhD, ABPP – NYU Postdoc Clinic Director

Lewis Aron, PhD, Director of the NYU Postdoctoral Program in Psychotherapy and Psychosomatic Medicine, is a former President of the International Association for Relational Psychotherapy and Psychoanalysis (IARP); and former President of the Division of Psychoanalysis (39) of the American Psychoanalytic Association. Recognized internationally as a speaker and lecturer on psychotherapy and psychosomatic disorders, he has supervened study groups to professionals. His most recent book, *A Progressing Psychoanalysis*, is co-authored with Karen Starr.

David D. Clarke, MD, is a Clinical Assistant Professor of Gastroenterology Emeritus and Senior Scholar at the Center for Ethics at Oregon Health & Science University (OHSU). A founding member of the board of directors, he is President of the Psychophysiological Disorders Association (US). Clinical Advisor to the Stress-Illness Recovery Practitioners Association (UK) and a Clinical Lecturer with Pacific Board-certified in Gastroenterology and Internal Medicine, he was a Professor at Wayne State University for 18 years and now works in the Internal Medicine department at Providence Hospital in Southfield, MI, where he directs the Mind Body Medicine program. Dr. Schubiner is an active educator and researcher and has authored over 60 publications in scientific journals and books. He has been granted several million dollars by the National Institutes of Health to conduct research studies of an emotional expression intervention for individuals with fibromyalgia, which is a psychophysiological disorder. Dr. Schubiner is a founding member of the board of directors of the PPDA.

Howard Schubiner, MD, is a Clinical Assistant Professor of Gastroenterology Emeritus and a supervisor at National Institute for the Psychotherapies. In the Division of Psychosomatic Medicine, he is in independent practice in New York City. He is also a somatic experiencing® practitioner (SEP) and a clinical supervisor at Yeshiva University and Pace University. Treating individuals, couples and families, he has more recently specialized in trauma resolution and in integrating somatic, embodied experiences with relational psychotherapy. Author of a number of articles currently in press, she travels between New York and Jerusalem to lecture and consult to trauma coalitions and corporate centers. Dr. Rappaport is also on the board of the International Trauma Institute where she is developing programs in emotional first aid.

Sharon Bergner, PhD, is a member of the faculty at both the Institute for Psychoanalytic Training and Research and NYU’s Postdoctoral Program in Psychotherapy and Psychosomatic Medicine. She has written about theory, fantasy and the therapeutic process, creativity, and culture and arts, he is in independent practice in New York and Montclair, NJ, treating infants, children, adolescents, and adults.

Peter Zafirides, MD, is a senior Somatic Experiencing® (SE) trainer. He teaches throughout the US, Europe, Brazil and Asia. Developer of Integral Somatic Psychotherapy (ISP) and Integral Trauma Resolution (ITR), his approach draws from bodywork systems of Postural Integration and Biodynamic Cranio-Sacral Therapy, his psychotherapy systems of Bioenergetics and Bodymodynamic Analysis, Jungian and Archetypal psychology, psychosomatics: school of Object Relations and Inter-Subjectivity, Somatic Experiencing® (SE). Affective Neuroscience, and Advaita Vedanta, a spiritual tradition from India.

Eric Sherman, PsyD, is a licensed psychologist and psychoanalyst, is in full-time private practice in New York City. He is also a somatic experiencing® practicing (SEP) and a clinical supervisor at Yeshiva University and Pace University. Treating individuals, couples and families, he has more recently specialized in trauma resolution and is integrating somatic, embodied experiences with relational psychotherapy. Author of a number of articles currently in press, she travels between New York and Jerusalem to lecture and consult to trauma coalitions and corporate centers. Dr. Rappaport is also on the board of the International Trauma Institute where she is developing programs in emotional first aid.

Seyra Orfanos, PhD, ABPP, Clinic Director at the NYU Postdoctoral Program in Psychotherapy and Psychosomatic Medicine, has held numerous leadership positions in major contemporary psychoanalytic organizations, including President of the International Association for Relational Psychoanalysis and Psychotherapy; Board of Directors, The Spirituality and Health Center for Religious Bodies; Former President of the Division of Psychoanalysis (39) of the APA; the Academy of Psychoanalysis; and the American Board of Professional Psychology. Author of numerous publications on clinical process, creativity and culture and arts, he is in independent practice in New York and Montclair, NJ, treating infants, children, adolescents, and adults.

Alan Gordon, LCSW, a psychotherapist in Los Angeles, CA, specializing in the treatment of chronic pain, is Adjunct Lecturer in the Department of Social Work at the University of Southern California. He has authored publications on the treatment of chronic pain and lectured on the topic of pain treatment at hospitals, mental health facilities, and pain centers throughout California. He served as the Chair for the Mind Body Conference in Los Angeles in 2010 and is a founding member of the board of directors of the PPDA.

Raja Selvam, PhD, is an assistant professor at the University of Southern California. He has specialized in the assessment and treatment of pain syndromes and other psychophysiologic disorders, he also treats individuals with physical disabilities, cancer, and other serious medical illnesses. Dr. Sherman holds a certificate of Specialization in Psychoanalysis and Psychotherapy from the NYU Postdoctoral Program in Psychotherapy and Psychosomatic Medicine. He is also a somatic experiencing® practicing (SEP) and a clinical supervisor at Yeshiva University and Pace University. Treating individuals, couples and families, he has more recently specialized in trauma resolution and is integrating somatic, embodied experiences with relational psychotherapy. Author of a number of articles currently in press, she travels between New York and Jerusalem to lecture and consult to trauma coalitions and corporate centers. Dr. Rappaport is also on the board of the International Trauma Institute where she is developing programs in emotional first aid.